Rome-Floyd County Senior Resource Directory

2024-2025











There's a saying that goes, "Measure your age, not in years, but in passions and dreams." It sounds good on paper; it's even better in practice.

Our communities invite the dreamer inside you to live with passion and purpose.

► Call (706) 381-0270 for more information.

Brookdale Rome

Assisted Living 180 Woodrow Wilson Way Rome, Georgia 30165

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Letter from the Senior Promotions Council

The Senior Promotions Council is proud to present the 2024-2025 Senior Resource Directory. Our goal is to provide the Senior Adult Citizens of Rome and Floyd County easy access to local senior resources and services.

This guide was created out of the combined efforts of the Senior Resource Directory Committee members who all actively serve senior adults and believe seniors are a valuable asset to our community.

Serving and administering the senior community is our passion, and we hope you find this directory a tool you can use to access all the resources you need.

- Bob Rudert Senior Promotions Council Chairman

COPER Medical Supplies

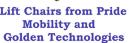
115 John Maddox Dr Rome, GA 30165

Phone: 706-266-4086

Website: www.coopermedicalsupplies.com

Come see us for the best prices around and the largest selection of high quality Home Medical Equipment and Supplies







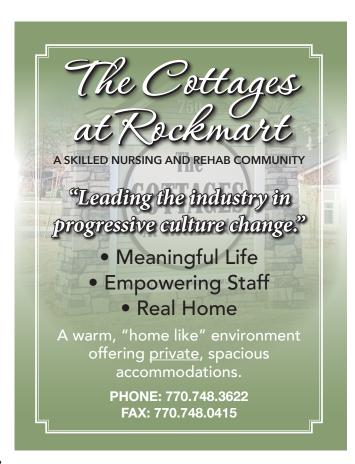
Portable Concentrators from Inogen, Rhythm Healthcare Respironics and Caire

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Online Directory

View this resource directory online at **rfpra.com/active-adults**

*Inclusion in this directory does not constitute endorsement, but is included for information purposes only. Numbers and contact information listed in this guide may change.





Medicare plans designed for people with diabetes, cardiovascular disease and/or chronic heart failure.

If you have a chronic health condition, you may be able to switch Medicare Advantage plans today. With a Chronic Special Needs Plan (C-SNP) from UnitedHealthcare®, you can take advantage of benefits that provide convenience and affordable access to care to help manage your chronic conditions. In addition, you can save on prescription drugs by using preferred pharmacies and generic drugs and/or lower-cost options.



\$0 monthly premium



\$40 a month for healthy food and OTC



Low insulin copays for \$25 or less



\$1,000 for comprehensive dental services



36 rides for doctor or pharmacy visits



\$200 eyewear allowance with free lenses

Call me today to see if you qualify.

We can review your options over the phone or in person.

Sam Burrell

Licensed Sales Agent

706-506-9829, TTY 711



If you have this card, call UnitedHealthcare today.

UnitedHealthcare^{*}

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a Medicare-approved Part D sponsor. Enrollment in these plans depends on the plan's contract renewal with Medicare. This plan is available to anyone having a qualifying chronic care condition. Benefits, features and/or devices vary by plan/area. Limitations and exclusions apply. Food and OTC benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information. You will pay a maximum of \$25 for each 1-month supply of Part D select insulin drug through all coverage stages. If your plan offers out-of-network dental coverage and you see an out-of-network dentals, you might be billed more. Network size varies by local market. Annual routine eye exam and \$100-800 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. @2023 United HealthCare Services, Inc. All Rights Reserved.

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Got these cards?

Get more help to cover your care and costs



UnitedHealthcare Dual Complete® (HMO-POS

D-SNP) includes extra benefits to help you get care and services you may be missing today. That could be a big help if you have both Medicaid and Medicare.

Get extra benefits for a \$0 plan premium.

Dual Complete is a Medicare plan. It works with your Medicaid plan. You'll keep all your Medicaid benefits and add more.

See if you can get this plan. Call today.

Sam Burrell Licensed Sales Agent 706-506-9829, TTY 711



Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare. ©2023 United HealthCare Services, Inc. All Rights Reserved. Dual Special Needs Plans have a \$0 premium for members with full Extra Help (Low Income Subsidy). Depending on your level of Medicaid eligibility, costs may vary. Y0066_220713_095205_M

SPRJ67861_H5322-030-000

County/City Based Programs Frequently Called Numbers

Floyd County Administration

706.291.5110 romefloyd.com

Rome City Hall

706.236.4400 romefloyd.com

Cave Spring City Hall

706.777.3382 cityofcavespring.com

Animal Control

706.236.4545 romefloyd.com

Court Information

Magistrate Court

706-291-5250

Municipal Court

706-238-5150

Probate Court

706-291-5136

Superior Court

706-291-5190

Electricity

Georgia Power 888-660-5890 georgiapower.com

North Georgia EMC, Headquarters 706-259-9441

ngemc.com

Police Department - Floyd County

706-235-7766 romefloyd.com

Police Department - Rome City

706-238-5111 romefloyd.com

Public Works

706-236-2495 romefloyd.com

Sheriff's Department

706-291-4111 floydsheriff.com

Tag Office

706-291-5150 romefloyd.com

Tax Assessors Office

706-291-5143 floydcountytax.com

Tax Commissioner

706-291-5148

The Forum

706-291-5281 forumevents.org

Floyd County Elections & Voter Registration

706-291-5281 forumevents.org

Water Departments

Cave Spring

706-777-3311 cityofcavespring.com

Floyd County & Rome City

706-291-5130 706-236-4440 romefloyd.com

Active Senior Adult Services & Activities

Leisure/Recreation

Multipurpose Senior Centers Senior Centers offer a variety of recreational and wellness activities and educational programs for senior adults. To learn more, contact the following centers:

Charles C. Parker Active Adult Center 706.234.0383

Provides programs/education for persons age 50 or older. Sponsors senior events and programs at various locations throughout the county, including Shannon Community Center, Anthony Center in Garden Lakes, Fielder Recreation Center in East Rome, Gilbreath Center in Lindale and Thornton Recreation Center in Armuchee.

Rome Senior Center 706.291.0760

This senior center and nutrition program provides free lunch and center based activities and wellness programs/ education for persons age 60 or older who are enrolled in the nutrition program. Call in advance to enroll.

The Red Hat Society 714.738.0001, redhatsociety.com

A network of women approaching 50 or beyond, to provide joy and companionship.

Arts and Cultural Events and Programs

Berry College Fine Arts Department 706.232.2289, berry.edu

Chieftains Museum

706.291.9494, cheiftansmuseum.org

Darlington Players

706.236.0497, darlingtonschool.org

Greater Rome Tourist and Convention Center

706.295.5576, romegeorgia.org

Oak Hill and Martha Berry Museum

706.368.6789, berry.edu/oakhill

Rome Area Council for the Arts

706.295.2787, romearts.org

Rome Area History Museum

706.235.8051, romeareahistory.org

Rome High School Band

706.235.9653, romebands.net

Rome Little Theatre

706.295.7171, romelittletheatre.org

Rome Symphony

706.291.7967, romesymphony.org

Shorter University Fine Arts Department

706.291.2121, shorter.edu

Three Rivers Singers

706.232.7411, threeriverssingers.org

Thornton Center

706.291.0766

Health and Wellness Programs

The following wellness centers and programs provide an array of programs, including exercise classes, exercise equipment, and health education classes.

Active Senior Adult Services & Activities

Area Agency on Aging of Northwest GA

800.759.2963, nwgrc.org

The Area Agency on Aging sponsors programs to promote good nutrition, physical activity and lifestyle management.

Living Well, a Chronic Disease Self-Management Program, helps persons with chronic health conditions learn how to actively self-manage their health. Meets once weekly for six weeks. A Matter of Balance program helps older adults to reduce their fear of falling and to increase their activity level. The group meets once weekly for eight weeks. For more information, call the AAA Wellness Coordinator, 706.295.6485.

Silver Sneakers/Parker Center

706.234.0383, rfpra.com/spec-senior An upbeat fitness class geared for adults 50 and over. Classes are free with the Silver Sneakers card provided by many health insurance plans. For more details on Silver Sneakers visit: silversneakers.com

YMCA of Rome/Floyd County

706.232.2468, info@ymcarome.org

<u>Health and Safety Education</u> American Red Cross- NWGA Chapter

706.291.6648, www.redcross.org/ga/rome Provides health and safety education programs for the public; first aid, CPR, swimming and life guarding; CNA training, Babysitter's Training, and Family Caregiver educational training. ARC provides education in disaster preparation and offers disaster relief services to families affected by house fires or larger disasters, such as tornadoes and floods. They also aid in emergency communications between military personnel and family members.

Travel and Educational Opportunities

College and University-Based Programs
These outreach programs are designed to
challenge, educate and enrich the lives of persons
in the community. Persons are not required
to be an enrolled academic student to take
advantage of these educational opportunities.

Berry College

Senior Scholars Program at Oak Hill 706.368.6789, oakhillmuseum.com

GA Northwestern Technical College Continuing Education

706.295.6958, gntc.edu

UGA County Extension Service

706.295.6210, caes.uga.edu/extension/floyd

Libraries

Libraries have regular and large print materials and books for loan; offer DVDs,CDs, free use of computers and access to the internet, and free basic computer classes.

Cave Spring Public Library

706.777.3346, cavespringlibrary.org

Rome-Floyd County Library

706.236.4600, shrls.org

Northwest Georgia Talking Book Library Georgia Libraries for Accessible Statewide Services (GLASS) supports accessible library services in Georgia by promoting the use of assisting technology and by providing accessible reading materials to those who, due to a disability, are unable to read standard print.

1.800.248.6701. www.georgialibraries.org/glass/

Active Senior Adult Services & Activities & Health and Support

NWGA Senior Community Service Employment Programs (SCSEP)

Department of Labor - Rome Office 706.295.6548 www.accaging.org

Legacy Link

770.538.2650 or 800.845.5465 legacylink.org

Senior Advocacy Organizations

The following various groups and organizations provide advocacy on senior adult issues and concerns, provide resource information and may sponsor programs and services.

AARP Etowah Chapter

706.234.4316

AARP National Office

888.687.2277, aarp.org

Area Agency on Aging of Northwest GA

.800.759.2963, nwgrc.org

The Georgia Council on Aging

404.657.5343, gcoa.org

National Caucus and Center on Black Aged, Inc.

202.637.8400, ncba-aged.org

National Council on Aging

202.479.1200, ncoa.org

<u>Health Insurance/Medicare/Medicaid/VA</u> Information

The GeorgiaCares Program

866.55.AGING (24464) - Option #4
Provides health insurance information,
counseling and assistance for senior adults
and their families when they need help
understanding Medicare, supplemental
health insurance, prescription assistance
programs and long-term care insurance.

Medicare

Medicare is the U.S. government's health insurance program for people age 65 or older. Some people under age 65 can qualify for Medicare, too. They include those with disabilities, permanent kidney failure or amyotrophic lateral sclerosis. Medicare helps with the cost of health care. It does not cover all medical expenses or the cost of most long-term care. Medicare has four parts. Medicare Part A (Hospital Insurance) helps cover inpatient care in hospitals, as well as skilled nursing facilities, hospice, and home health care. Most people don't pay a monthly premium for Part A. Medicare Part B (Medical Insurance) helps cover doctor and other health care providers' services, outpatient care, durable medical equipment, home health care and some preventive services. In 2024, most people pay \$175 each month. Medicare Savings Programs (QMB, SLMB, QI-1) help persons with limited income and resources by paying some or all of Medicare's premiums and may pay Medicare's deductible and coinsurance. Medicare Part C (optional private Medicare Advantage plans) are private insurance plans that provide Part A and Part B benefits and sometimes offer Part D prescriptions coverage to people with Medicare who enroll in these plans. These plans vary in cost.

Medicare Part D (Prescription Coverage)

helps pay for some medicines for people with Medicare. Part D is provided by private health insurance plans that contract with Medicare. To get Medicare drug coverage, you must join a plan run by an insurance company. Each plan can vary in cost and drugs covered. Persons with limited income and resources may qualify for "Extra Help" in paying for their Part D premiums and their prescriptions.

How to sign up for Part A & Part B:

- · Apply online at Social Security: ssa.gov
- Visit the Rome Social Security Office, 480 Riverside Parkway NE, Rome 866.964.1006
- Call Social Security at 1-800.772.1213.
- If you worked for a railroad, call the RRB at 1-877.772.5772.

How to enroll in Part C:

Medicare C is optional and not all Medicare Advantage Plans work the same way, so before you join, take the time to find and compare Medicare health plans in your area. You can explore plans by using Medicare's Plan Finder on the Medicare website, www.medicare. gov. Medicare plans aren't allowed to call you to enroll you in a plan, unless you specifically ask to be called. Once you understand the plan's rules and costs, here's how to join:

- Visit the plan's website to see if you can join online.
- Contact the plan to get an enrollment form, fill it out, and return it to the plan. All plans must offer this option.
- Call the plan you want to join.
- Call 1-800-MEDICARE (1-800.633.4227).
- For assistance and information, contact GeorgiaCares at 866.552.4464, (Option 4).

How to enroll in Part D Prescription Coverage:

To get Medicare drug coverage, you must join a plan run by an insurance company approved by Medicare. You can find information about plans that are available in your area by visiting www. medicare.gov, or you may call 1-800-MEDICARE (1-800.633.4227). You may also contact GeorgiaCares at 866.552.4464, (Option 4).

How to get Extra Help with Part D Prescriptions Costs:

You may qualify for extra help from Medicare to pay the costs of Medicare prescription drug coverage if you meet certain income and resource limits. For more information, contact GeorgiaCares at 866.552.4464, (Option 4). How to enroll in Medicare Savings Programs (QMB, SLMB, QI-1): To find out if you qualify for a program that will help you with the cost of your Medicare B premiums, copays, coinsurance and deductible, you may call GeorgiaCares at 866.552.4464, (Option 4).

Medicare Supplement (Medigap) Insurance

A Medicare supplement insurance, sold by private companies, can help pay some of the health care costs that Original Medicare doesn't cover, like copayments, coinsurance and deductible. If you have original Medicare and you buy a Medigap policy, Medicare will pay its share of the Medicare approved amount for covered health care costs. Then your Medigap policy pays its share.

To purchase a Medigap policy, you must have Medicare Part A and Part B. You pay the private insurance company a monthly premium for

your Medigap policy, in addition to the Part B premium that you pay to Medicare. Medigap policies do not include prescription drug coverage. If you want prescription drug coverage, you can join a Part D Prescription drug plan.

You can find information about Medigap plans that are available in your area at www.medicare. gov, or you may call 1-800-MEDICARE (1-800.633.4227). Or you may call GeorgiaCares at 866.552.4464, (Option 4), to be connected to a local GeorgiaCares counselor.

Georgia Cares Program

GeorgiaCares provides free, unbiased and factual information and assistance to persons with Medicare and their caregivers. Local assistance is available for issues concerning Medicare, Medicare financial assistance programs, "Extra Help" with Part D Prescription coverage, health error, fraud and abuse and long term care insurance.

Call 866.552.4464, (Option 4), to be connected to your local GeorgiaCares Medicare counselor. mygeorgiacares.org

Office of State Insurance Commissioner– Consumer Services Division

The Consumer Services Division provides information about private insurance plans, investigates policyholder complaints and answers questions about private insurance. 800.656.2298, oci.ga.gov

Medicaid Waiver Programs

Waiver programs help people who are elderly or have disabilities and need help to live in their home or community instead of an institution such as a nursing home. Each program offers several "core" services:

• Service coordination (help with managing care needs and services)

- Personal support (assistance with daily living activities, i.e. bathing, dressing, meals and housekeeping)
- Home health services (nursing, home health aide, and occupational, physical and speech therapy)
- Emergency response systems ("Help, I've fallen and I can't get up" buttons)
- Respite care (caregiver relief)

Additional services are available under each program. For more information about Medicaid Waivers, you may visit the Department of Community Affairs website at: dch.georgia.gov/waivers.

The following is a list of waiver programs in Georgia.

Community Care Services Program (CCSP)

Offers services to people with physical disabilities/dementia who meet CCSP guidelines. In 2024, persons must earn less than \$2,829 monthly. Services include care management, home delivered meals, personal care, homemakers, emergency response systems, care in day centers or personal care homes. Persons sometimes pay part of the cost of services, based on income. To apply for services, call the NW GA Area Agency on Aging, 800.759.2963.

Pruitt Healthcare Home First of Blue Ridge

Combines primary medical care with preventive and supportive services for older and disabled Medicaid recipients. You must have Medicaid and supplemental security income; or have Public Law Medicaid. Services include home-delivered

meals, respite for caregivers, emergency response systems, transportation, personal care/ chore services, home health services, adult day center services, assisted-living centers.

Toll Free: 1-800.632.2101

Or 706.632.9263

Independent Care Waiver Program (ICWP)

Offers services to a limited number of adult Medicaid recipients with physical disabilities or traumatic brain injuries. This program helps them to live in their own homes or in the community instead of a hospital or nursing home. To be eligible, you must have severe physical disabilities and be between the ages of 21 and 64 when you apply, and you must be able to manage your own services. Members also must meet other physical and financial guidelines. Based on their needs, members are offered service coordination, personal support, home health, emergency response, respite, specialized medical equipment and supplies, counseling and home modification.

To apply for services, call 800.982.0411, ext. 3619.

New Options Waiver Program (NOW) and Comprehensive Supports Waiver Program (COMP)

This program provides services to people who have developmental or intellectual disabilities. The services help them to live independently in the community. A diagnosis of developmental disability may include mental retardation or other closely-related conditions such as cerebral palsy, epilepsy, autism or neurological problems. To apply for these services, call the DBHDD One Intake and Evaluation Unit, 678.947.2818.

Georgia Department of Veterans Services

Informs veterans and their families about veterans' benefits; assists and advises veterans and their families to help them get the federal and state benefits to which they are entitled. They help veterans and their dependents with filing claims and with getting together medical records and other needed paperwork to file claims with VA and other federal and state agencies. The department operates field offices throughout Georgia and provides representatives in VA medical facilities. For more information you may call one of the following:

Georgia Department of Veterans Services – Floyd County Field Office

201 Calhoun Avenue, Rome 706.295.6026

Department of Veterans Affairs – Regional Office

800.827.1000, veterans.georgia.gov

General Health Insurance Information Insurance Commissioner's Office

404.656.2070

The Insurance Commissioner's Office provides counseling on general health insurance coverage.

Medicaid Waiver Programs

The following are Medicaid waiver programs to provide support services for older adults or younger, disabled people. These services help them to live in their home or community instead of an institution such as a nursing home.

Community Care Services Program (CCSP)

Provides community based services as an alternative to nursing home care. These services are available to people with physical impairments or dementia who meet physical and financial eligibility requirements. Services include adult

day care, personal care, emergency response systems, home delivered meals, skilled nursing and home health services and care in personal care homes. Services are arranged and monitored by a care coordinator. For more information, or to apply for services, contact: Area Agency on Aging of Northwest GA 800.759.2963

Independent Care Waiver Program

800.982.0411 x 3632

The Independent Care Waiver program provides in-home support to individuals between the ages of 21 to 64 who are severely physically disabled and can direct their own care, or those who have traumatic brain injuries. Participants must meet physical and financial criteria.

New Options and COMP Waivers

DBHDD Region One Intake and Evaluation Unit 877.217.4462, dbhdd.georgia.gov
These waiver programs provide services in the home and community for persons with a diagnosis of mental retardation or developmental disability. Services include inhome supports, day center and community based programs, pre-vocational services, residential options and supervision, adult therapies.

Cancer Navigators

706.509.5040

https://cancernavigatorsga.org/
Cancer Navigators, a nonprofit organization
based in Rome, GA, serves Northwest Georgia
as a complement to the medical expertise of
cancer care providers by guiding those affected
by cancer toward a better understanding of
diagnosis and care and connecting them
with needed resources in their journey.

Health Clinics and Health Centers

Health clinics and health centers offer out-patient medical care and treatment. Some provide services on an ability-to-pay basis to persons with low-income.

Floyd County Clinic

Provides out-patient primary medical care sick residents of Floyd County with very low income who have no form of health insurance. To apply, contact: Floyd County Department of Family and Children Services 877.423.4746

Faith & Deeds Community Health

706.234.1331

www.faithsanddeedshealthcare.org
Volunteers provide primary health to persons
with low income who have no form of health
insurance, including Medicare or Medicaid.
Call to schedule an appointment.

Floyd County Public Health Department

706.295.6123, nwgapublichealth.org
The health department offers general
public health services, including blood pressure
checks, flu and pneumonia immunizations,
diabetic nutrition counseling, breast and cervical
cancer screening, vision and hearing checks,
children's health services, etc.

Dental Clinics

Floyd County Public Health Department

706.802.5050

Georgia Highlands Dental Hygiene School

706.295.6760

Georgia Baptist Mobile Dental Van at Floyd County Baptist Center

706.291.8181, floydbaptist.net Visits Floyd County once a year from Georgia Baptist Health Mobile. Local volunteer dentists provide basic dental services, fillings and extractions.

Hospitals/Medical Centers

Atrium Health Floyd

706.509.5000, floyd.org

AdventHealth Redmond

706.291.0291, adventhealth.com

Rehabilitation Programs - Acute Inpatient

Atrium Health Floyd Inpatient Rehab

706.509.6610, floyd.org

AdventHealth Redmond Inpatient Rehab

706.291.0291, adventhealth.com

Rehabilitation Programs:

Sub Acute Inpatient

Chulio Hills Health and Rehab Center

706.235.1132,

reliablemgt.com/chulio-hills-health-rehab

Etowah Landing Care and Rehabilitation Center

706.235.1337, genesishcc.com/Etowah

Evergreen Health and Rehab

706.378.3383, evergreenhrc.com

Fifth Avenue Health Care Center

706.291.0521

reliablemgt.com/fifth-avenue-health-care

Harborview Rome

706.234.8281, www.saveasenior.com

Pruitt Health of Rome (formerly Summit Health and Rehab)

706.236.6002, pruitthealth.com

Winthrop Health and Rehab

706.235.1422, winthrophealth.org

Rehabilitation Programs - Outpatient

Advance Rehabilitation of Rome

706.235.2727

Atrium Health Floyd Outpatient Rehab Services

706.509.3400, floyd.org

AdventHealth Redmond Outpatient Rehabilitation Center

706.236.1911, adventhealth.com

AdventHealth Redmond Cardiac Rehab

706.368.8386, adventhealth.com

Rome Rehabilitation Center 706.802.0780

In-Home Support Programs and Services

Area Agency on Aging of Northwest

Georgia 800.759.2963, nwgrc.org

The Area Agency on Aging offers programs to help older adults stay as healthy as possible and to live independently for as long as possible. These programs may help with things such as homemaking chores, bathing and grooming, shopping, preparing meals, home delivered meals and care in adult day centers. The AAA also provides services to help family members and caregivers.

ElderCare Locator

800.677.1116, eldercare.gov Older adults and caregivers who live outside Northwest Georgia area can access this nationwide **Relative Caregivers** toll-free service to find local services for seniors.

Case Management Services

Case management services can assist with assessing needs, developing a care plan, arranging and monitoring home services and evaluating the need for continuation of services. For more information, contact:

Area Agency on Aging of Northwest GA 800.759.2963

Next Step Care

706.378.1270, 888.762.2420

Caregiver Support Services

Area Agency on Aging of Northwest GA

800.759.2963, nwgrc.org

Provides trained information and referral specialists to offer telephone consultation for caregivers who need information about support services available to them. Provides programs that support caregivers and can provide information on referrals to their community services and programs. For other regions and states contact: Eldercare Locator at 800.677.1116 Alzheimer's Association- North Georgia Regional Office 706.275.0819, alz.org/georgia Regional office offers a variety of services to families, caregivers and individuals who are affected by Alzheimer's and related dementia. Services include information and referral, support groups, care consultation, caregiver education and safety services. Alzheimer's Caring Closets throughout NW Georgia offer free incontinence

supplies to family caregivers of persons with dementia. Call for more information.

Programs for Grandparents/

Mercy Care Rome

706.291.8496.

www.mercyatlanta.org/Mercy Rome Home Grands/Relatives Who Care Program offers resource information, support groups, and educational programs for grandparents and relative caregivers who are raising children.

Home Medical Supplies/Daily Living Aids Free or Low Cost Loan Closets

Incontinence Supply Closet

The Rome-Floyd Parks and Recreation Department's Senior Promotions Council manages the Community Closet at Charles Parker Senior Center at 1325 Kingston Highway, Rome 30165 on Monday through Friday from noon until 5 p.m. The closet provides incontinence supplies to those in need. To access resources, call Tammy Bryant at 706.252.6427.

NWGA Center for Independent Living 706.314.0008, nwgacil.org

Friends of Disabled Adults and Children, Stone Mountain 770.491.9014

Georgia Charitable Foundation

gacharitycare.org, 888.551.1231 **Hearing Aids**

Retail Medical Equipment and Supplies

Apria Healthcare

706.232.0610

Avery Drugs

706.291.0999

Cooper Medical Supply

706.266.4086

GA Extended Medical Equipment Provider

706.291.1550

Lincare

706.290.0555

National Seating & Mobility

706.233.8200

Rome Respiratory

706.235.0509

Walker Orthotics and Prosthetics

706.232.4383

Home Health Agencies

The following Home Health Agencies provide professional health care services in the home under the direction of the patient's physician. Services may include, but are not limited to: skilled nursing, physical, occupational and speech therapy, home infusion, medical social services, home health aide services. Services are provided primarily to persons with short-term acute needs, and are usually reimbursed through Medicare, Medicaid and some private insurance programs when individuals meet the eligibility guidelines.

Coosa Valley Home Health an Amedisys Company

706.291.8867

Atrium Health Floyd HomeCare of Rome

706.802.4600

Gordon Home Care

706.629.3333

Centerwell Home Health

706.235.1841

Pruitt Home Health

706.232.5908

Right at Home

706.290.7701

Sitter Services/Private Pay Home Care

Home care providers offer nursing care, personal care assistance and companion/ sitter services to seniors or disabled persons in their own homes for a fee. Private home care providers are required to be licensed by Georgia DCH Healthcare Facility Regulation (HFR).

Care Plus, Inc.

770.302.2799

Comfort Keepers

470.839.8303

Delta HomeCare Services

770.502.7912

Everyday Home Care LLC

678.445.7741

Firstline Home Care and Medical Services, Inc.

Services, inc.

770.863.0740

Golden Home Services

678.242.0084

Home Instead Senior Care Services

706.290.1367, homeinstead.com

HomeNurse, Inc.

877.703.5757x123

Nightingale Staffing Inc.

877.957.9090

North Georgia Personal Care

706.253.0131

Olive Home Care Services

770.997.8949

One Way Homecare Services Inc.

678.402.8236

Prime Care Nursing Services Inc

800.919.3500, primecarenursing.com

All Ways Caring Homecare - Rome

706-235-8791, allwayscaring.com

Right At Home- In Home Care & Assistance

northwestgeorgia.rightathome.net

706.290.7701. License #057-R-0017.

Southern Resources Consultants, Inc.

770.393.8731

Home Care Provider Complaints/
Quality of Care Issues

To make a complaint about a private home care provider, contact:

Georgia DCH Healthcare Facility Regulation (HFR)

800.326.0291

Adult Day Care Centers

Adult day care centers offer planned programs of activities in a safe, supportive, cheerful environment. These centers provide older adults an opportunity to get out of the house and receive mental and social stimulation and health-related services. They also give caregivers a much-needed break so they can attend to personal needs, or simply rest and relax.

Mercy Care Rome

706.291.8496

Hospice Care

Hospice care provides a full range of palliative and supportive services for terminally ill people who are in the final stages of their illnesses and for their families. Services may include medical care, pain and symptom management, home nurse visitation, care management, counseling and bereavement services for the patient and members of the family.

Affinis Hospice

866.991.1998, affinishospice.org

Amedisys Hospice

866.313.1217, amedisys.com

AseraCare Hospice

800.974.4677, 770.698.8785, asceracare.com

Heartland Hospice

866.873.6308, heartlandhospice.com

Heyman HospiceCare at Floyd

706.509.3200, floyd.org

Hospice Compasses

770.218.1997, hospiceadvantage.net

Hospice of Chattanooga

800.267.6828, hospiceofchattanooga.org

Mt. Berry Hospice

706.232.1571, mtberryhospice.com

North Star Hospice

706.403.4033, northstarhospice.com

Regency Hospice

770.529.8155, regencyhospice.com

Tapestry Hospice

706.383.8812

Transitions Hospice Care

877.781.2273, regencyhospice.com

Pruitt Health Hospice

706.236.4704, uhs-pruitt.com

Health Conditions/Disease Related Organizations

These agencies provide education, research and information on a particular disease or condition. Some offer screenings, financial aid and support groups.

ALS Association (Lou **Gehrig's Disease)**

800.782.4747, alsa.org

Alzheimer's Association of North Georgia

800.272.3900 or 706.275.0819 alz.org

American Cancer Society

800.227.2345, cancer.org

American Council of the Blind

800.424.8666, acb.org

American Diabetes Association

800.342.2383, diabetes.org

American Heart Association

800.242.8721, americanheart.org

American Kidney Fund

800.638.8299, kidneyfund.org

American Stroke Association

888.478.7653, strokeassociation.org

Arthritis Foundation

800.283.7800, arthritis.org

Brain Injury Association of Georgia

800.444.6443, braininjurygeorgia.org

Brain and Spinal Injury Trust Fund Commission

888.233.5760, ciclt.net/bsitf

Huntington's Disease Society

800.345.4372, hdsa.org

Leukemia and Lymphoma Society

800.955.4572, Ils.org

Lupus Foundation of America,

Georgia Chapter

800.800.4532, lupus.org

National Multiple Sclerosis Society

Georgia Chapter

800.344.4867, nationalmssociety.org

Health & Supportive Services / Nutrition Services

National Organization for Rare Disorders (NORD)

800.999.6673, rarediseases.org

National Parkinson Foundation Georgia

800.473.4636, http://www.apdageorgia.org/

Vision Rehabilitation Services

770.432.7280, vrsga.org

Emergency Food Programs

For more information on emergency food resources in Floyd County, contact 211.

Bagwell Food Pantry

706.291.7731

Floyd County Baptist Center

706.291.8181

Garden Lakes Baptist Church

706.234.6615

Helping Hands Food Pantry

706.232.0277

Lovejoy Baptist Church

706.232.1917

Live Oak Church, Cave Spring

706.777.8566

Metropolitan United Methodist Church

706.291.8660

Salvation Army

706.291.4745

West Side Family Worship

706.291.0293

Food Programs

Good Neighbor Ministries

208 East Second Street, Rome 9:00-11:30 AM, M-F. Come in person for a referral to a Rome Action Ministries food pantry: Bread of Life, Bagwell Food Pantry or Garden Lakes Baptist Church. Applications for Christmas food baskets are accepted the week after Thanksgiving. Meals and More at First Christian Church 706.291.6745, Provides free takeout meals on Tuesdays at 5:00 PM; 209 E. Second Ave at 3rd St.

One Harvest Food Ministries

Church at Northside: 770.749.8761
Greater Christ Temple: 706- 232-1959
Distributes food through area host sites. Cost is \$35/box of groceries or \$27/ten cooked meals to heat and serve. No eligibility restrictions.
Call for order info. Menus online at: oneharvest.com

Rome Action Ministries Community Kitchen

Churches serve free hot meals at the corner of North Broad Street and Calhoun Ave, 4 Calhoun Ave. M-F, 11:00 AM-12:30 PM.

South Broad Feed the Hungry

Churches offer free sack lunch, one Saturday per month, 11:00 AM, South Broad Baptist Church, 508 South Broad Street.
Thanksgiving Love Feast – Rome 706.234.2091

Congregate Senior Meals The Floyd County Senior Center and Nutrition Program

Provides free lunch, Monday through Friday, for persons age 60 or older. They also offer social activities and wellness programs. In many cases, transportation is available. Call in advance to ethol. 706.291.0760

Nutrition Services/Housing

Home Delivered Meal Programs

Area Agency on Aging of Northwest Georgia 706.802.5506 or 800.759.2963

The Floyd County Nutrition Site delivers noontime meals to older individuals who are homebound and cannot prepare their own meals.

Nutrition Education Programs

These programs provide information on dietary guidelines and nutritional requirements as well as promoting the relationship that healthy eating has on overall good health. Topics may include safe food handling and preparation, shopping skills and the effect of dietary choices on disease management.

Floyd County Senior Center 706.291.0760

Floyd County UGA Cooperative Extension Service 706.295.6210

Floyd Diabetic Self Management 706.509.5184

Harbin Clinic Diabetes Management Center/Nutrition Therapy 706-378-8129

AdventHealth Redmond Regional Diabetes Treatment Center 706.236.4956

Housing

706.295.0014

Independent Retirement Communities
(Non-Subsidized)
Renaissance Marquis Retirement Village

Riverwood Senior Living

706.235.0807

The Village at Maplewood

706.290.9123

Subsidized or Income Based Apartment Communities for Senior Adults

Etowah Terrace

706.622.4598

Greystone Apartments

706.232.5798

Heatherwood Apartments Ltd

706.235.2881

NW Georgia Housing Authority High Rise

706.291.0780

Villas

706.235.6881

Subsidized or Income Based Apartment Communities

The following apartments may not be exclusively for senior adults, but many have a large number of older residents.

Ashland Park

706.290.1040

Ashton Ridge Apartments

706.802.0017

Callier Forest Apartments

706.291.2936

Meadow Lane Apartments

706.235.3355

Housing

Pine Ridge Apartments

(Exclusively for homeless or potentially homeless disabled adults.) 706.235.0360.

Riverwood Park Apartments

706.235.7666

Spring Haven Apartments

706.777.9600

Not exclusively for hearing impaired per sons, but all apartments are equipped to accommodate persons with hearing impairments.

Tamassee Apartments

706.292.0240

Housing Authorities

Administers public housing programs and provides affordable housing to qualified applicants.

Department of Housing and Urban Development

404.331.5136

Cave Spring Housing Authority

706.777.3375

Northwest Georgia Housing Authority

706.291.0780

Section 8 Vouchers

The Housing Choice Voucher Program is administered by the Georgia Department of Community Affairs (DCA). This tenant-based assistance program assists low income individuals and families to rent safe and decent housing in the private rental market. Counties receive applications as funding is available. Georgia Dept of Community Affairs Rental Assistance Division 888.858.6085, dca.ga.gov

Northwest Georgia Housing Authority

706.235.0247

Home Repair Programs

Offers minor repair assistance to eligible homeowners depending on availability of funds. Services may be available at no cost or on a sliding fee scale to those who qualify.

City of Rome Community Development

706.236.4477

Habitat for Humanity

706.378.0030, habitatrome.org

Tallatoona Weatherization Program

770.382.5388, ext 100, tallatoonacap.org

USDA Rural Development

770.386.3393 ext 100

Home Modifications Programs

Assists people with the cost of labor and materials for home modifications to make homes accessible.

Action Pak'd Stairlifts

888.333.1270

SNT Access Communications

Elevators & Lifts LLC 706.225.8938

Purple Heart Homes - VAPP

855.876.7579

Credit-Able

404.385.7029, thecfii.org
Helps individuals with disabilities obtain
affordable loans for home modifications
or to purchase assistive technology.

Housing

NWGA Center for Independent Living

706.314.0008, nwgacil.org

City of Rome Community Development

706.236.4477

The Travis Roy Foundation - Spinal Cord Injury

617.619.8257, travisroyfoundation.org

USDA Rural Development

770-386-3393 ext 100

Continuing Care Retirement Communities

Offers a continuum of care to meet residents' needs as they change. Residents may move from independent living to various levels of personal care/assisted living depending upon the scope of their contract.

Renaissance Marquis Retirement Village

706.295.0014

Riverwood Senior Living

706.235.0807

Assisted Living

Assisted living as a long-term care option that combines housing, support services and health care, as needed. Assisted living is designed for individuals who require assistance with everyday activities such as meals, medication management or assistance, bathing, dressing and transportation. Some residents may have memory disorders or they may need help with mobility, incontinence or other challenges. Residents are assessed upon move in, or any time there is a change in condition. The assessment is used

to develop an Individualized Service Plan.

Brookdale Rome Assisted Living

706.234.1655, www.brookdale.com

Riverwood Senior Living

706.235.0807

Personal Care Homes

Provides 24-hour watchful oversight with daily living assistance. Housing is in a group setting for elderly or disabled individuals. Georgia DCH Healthcare Facility Regulation (HFR), licenses personal care homes.

Cave Spring Manor

706.777.3533

Grace's House

706.777.8040

Grace's House Two

706.295.7084

Renaissance Marquis Retirement Village

706.295.0014, renaissancemarquis.com

Riverwood Senior Living

706-706.235.0807, riverwoodretirement.com

Manor house

706.802.0990, romancourt.com

Winthrop Court Senior Living

706.236.2500, winthropseniorliving.com

Seven Hills Place

706.232.5244

Housing

<u>Memory Care/Alzheimer's/Dementia Care</u> Manor House

706.802.0990

The Harbor at Renaissance Marquis

706.295.0014, renaissancemarquis.com

Riverwood Senior Living

706.235.0807, riverwoodretirement.com

Seven Hills Place

706.232.5244, www.enlivant.com

Nursing Homes

Nursing homes provide care to persons who are chronically ill or recuperating from illness or surgery and need nursing care and other services, but not hospitalization. A nursing home may not be your only choice.

Before you make decisions about long term care, get as much information as you can about where you might live and what help you may need. Discharge planners and medical social workers can explain your long-term care options and help arrange your care. Long-term care can be provided at home, in the community, or in various types of facilities.

For additional help with long-term care choices and information about in-home and community-based services call your local Area Agency on Aging at 706.802.5506.

If you have limited income and resources, Medicare and Medicaid programs may help cover some of your costs of long-term care choices.

Nursing homes are licensed by the Georgia DCH Healthcare Facility Regulation (HFR). HFR conducts annual certification surveys that must

be posted in a readily accessible and visible place. For report questions call 800.878.6442.

Nursing homes located in Floyd County Chulio Hills Health and Rehab Center 706.235.1132, reliablemqt.com

Evergreen Health and Rehab 706.378.3383, evergreenhrc.com

Fifth Avenue Health Care Center 706.291.0521, reliablemqt.com

Rome Health and Rehabilitation 706.234.8281

Pruitt Health Rome 706.236.6002, pruitthealth.com

Etowah Landing Care and Rehabilitation Center 706.235.1337, genesishcc.com

Winthrop Health and Rehabilitation 706.235.1422

Nursing Home/Personal Care Homes Quality of Care Issues or Complaints

To report suspected abuse or mistreatment in a nursing home facility or to make a formal complaint, contact: Georgia DCH Healthcare Facility Regulation (HFR) 800.878.6442

Financial Services

Emergency Financial Assistance

Good Neighbors Ministries 706.291.0556

Housing/Financial Services

Atlanta Community Food Bank

404.892.9622, 404.892.3333

Floyd County Baptist Center

706.291.8181, floydbaptist.net

Floyd County DFCS

706.295.6500, gateway.ga.gov

Salvation Army

706.291.4745

United Methodist Children's Home

706.295.3911, umchildrenshome.org Child under 18 must live in the home.

Floyd County, Call: 211

Get information on organizations that provide emergency financial assistance.

Criminal Justice Coordinating Council

404.657.2222, 800.547.0060

Georgia Transplant Foundation

866.428.9411, 770.457.3796

Project Share

770.441.6200, 800.257.4273

American Kidney Fund

866.300.2900

800.638.8299

Healthwell Foundation

800.675.8416

National Organization for Rare Disorders

203.744.0100

Nestle Healthcare Nutririon, Inc.

800.422.2752

The Travis Roy Foundation

617.227.0781

Patient Advocate Foundation

800.532.5274

Mission Cataract

559.797.1629

National Multiple Sclerosis

Society - Georgia

800.344.4867

678.672.1000

AbbVie Patient Assistance Foundation

800.222.6885

Foster Care Support Foundation

770.641.9591

Tallatoona Community Action Partnership

- Floyd County, www.tallatoonacap.org 706.295.7124, 770.773.7730

Homesafe Georgia Hardest-Hit Fund

877.519.4443

Food Stamps

Floyd County DFCS

706.295.6500, dfcs.dhs.georgia.gov

Gateway

gateway.ga.gov

Web site allows Georgia residents to apply for food stamps and pre-screen for programs such as Temporary Assistance for Needy Families (TANF), Medicaid, Child Care, WIC, Energy

Assistance, The Emergency Food Assistance

Financial Services

Program, Child Support, Mental Health & Substance Abuse Services, Aging Services.

Supplemental Security Income (SSI)

Federal program that helps aged, blind, and disabled people, who have little or no income, by providing a monthly check to help meet basic needs for food, clothing, and shelter. For federal program questions contact:

Social Security Administration

800.772.1213, 800.325.0778 ssa.gov or call your local office: Social Security Administration Rome Office 866.964.1006

Utility Discount Programs

These companies may offer a discount plan for seniors who have limited income.

AT&T Lifeline/ Link-UP

888.757.6500

GasKey/MXEnergy

877.677.4355

Georgia Natural Gas

877.850.6200, onlygng.com

Georgia Power

888.660.5890, georgiapower.com

SCANA Energy

877.467.2262, scanaenergy.com

Energy Assistance Programs

Home Energy Assistance programs provide financial assistance with heating or cooling to households meeting certain income and other requirements.

Regular Home Energy Assistance provides

annual financial assistance with heating or cooling to households meeting certain income and other requirements.

Weatherization provides low-cost home energy conservation improvements to the homes of eligible households. For more information regarding eligibility requirements, or to apply for any of these programs, contact:
Tallatoona Community Action Partnership 706.295.7124, tallatoonacap.org

Phone Assistance SafeLink Wireless

800.723.3546, safelinkwireless.com Offers free cell phones and minutes for low income families who qualify.

Hamilton Relay

www.hamiltonrelay.com, 800.618.4781 Hamilton Relay provides captioning on-screen telephones for those who are hard of hearing.

Personal Financial Management Information/Counseling CredAbility

800.251.2227, credability.org Floyd County UGA Cooperative Extension Service 706.295.6210, caes.uga.edu

Rudert Senior Advisory & Consulting Services, LLC

706.378.8492

Consumer Services

Better Business Bureau North West Georgia 800.548.4456, chattanooga.bbb.org

Financial Services, Legal Services & Mental Health Programs

Governor's Office of Consumer Protection

800.869.1123, chattanooga.bbb.org

Georgia Public Service Commission

800.282.5813, chattanooga.bbb.org

National Do Not Call Registry

888.382.1222, chattanooga.bbb.org

Legal Services

The Georgia Senior Legal Hotline

888.257.9519, cgeorgialegalaid.org
A free telephone service staffed by attorneys
who take calls from Georgians age 60 and
older, and their families. Hotline attorneys give
legal advice, brief service and referrals to other
attorneys or services where necessary.

Georgia Elderly Legal Assistance Program

888.408.1004, glsp.org

Provides free legal assistance to persons age 60 or older, with certain civil legal problems. In the Rome area, the program is administered by Georgia Legal Services Dalton office.

Floyd County Probate Court

706.291.5136, glsp.org
The county Probate Court handles matters of guardianship, processing decedents' wills and the settlement of estates.

Elder Law Attorneys

National Academy of Elder Law Attorneys naela.org (Click "Locate an elder law attorney")

Elder Law Practice of David McGuffey

1-800.241.8755

Law Office of H. Lee Treadaway Cox, Byington, Twyman & Johnson, LLP 706.291.2002

Mental Health Services Mental Health Programs

Provide preventive, diagnostic and treatment services in a variety of community and hospital-based settings to help people to achieve, maintain and enhance a state of emotional well being, personal empowerment and the skills to cope with everyday demands. Mental health professionals who have private practices, are also available in our community. Most providers of mental health services accept Medicare.) In the event of a life-threatening situation, contact 911.

Suicide and Crisis Hotline

Dial 988

The Georgia Crisis and Access Line

800.715.4225, mygcal.com Staffed with professional social workers and counselors 24 hours daily to assist with urgent and emergency needs. Callers needing routine services are given an appointment with the agency of their choice.

Community Mental Health Centers

Mental Health Centers are publicly-funded, neighborhood-based, outpatient facilities that offer individual, family, and group counseling, day services, and other mental health programs for community residents. Centers accept Medicare and Medicaid. Those with no insurance may be charged on a sliding fee scale.

Senior Mental Health Programs

Senior mental health programs specialize in the diagnosis and treatment of older

Legal Services, & Mental Health Programs

adults. Payment sources usually include Medicare, Medicaid and private insurance.

Willowbrooke at Floyd

306 Shorter Avenue, NW Rome, GA 30165 706.509.3500

Polk Medical Center Senior Enrichment Program

770.749.4290 Senior mental and emotional health day program offers pick-up in Floyd County.

The Fuqua Center for Late Life

Depression, Wesley Woods (Atlanta) 404.728.6302

Psychiatric Hospitals

Willowbrooke at Floyd 306 Shorter Avenue, NW Rome, GA 30165 706.509.3500

Highland Rivers Floyd County Mental Health Center

706.233.9023

The Fuqua Center for Late Life Depression, Wesley Woods (Atlanta) 404.728.6302

Substance Abuse Programs

The Georgia Crisis and Access Line can provide information and referral to substance abuse services throughout the state of Georgia.

The Georgia Crisis and Access Line 800.715.4225, mygcal.com

Alcoholics Anonymous Atlanta Office

To locate a local AA group: 404.525.3178

Willowbrooke at Floyd

306 Shorter Avenue, NW Rome, GA 30165 706.509.3500

Highland Rivers Floyd County Mental Health Center

706.233.9023

Highland Rivers Residential Treatment Unit

770.748.0030

Transportation Services

Caring Man in a Van

706.769.0075

Caring Man in a Van offers personal care transportation for you or your loved ones. Services include ambulatory, wheelchair or stretcher utilizing late model vehicles and trained staff. They offer safe and clean air conditioned transportation for all local and long distance services at a reasonable rate.

Rome Transit Department

706.236.4523

Rome Para Transit Services

706-236-5036

Rome Transit Department provides van transportation by appointment for Rome City residents who are elderly or disabled and are unable to use main line buses. Vans operate primarily within the city limits. Call to request application. Cost is \$2.25 each way. Van is equipped with wheelchair lift.

Tallatoona Community Action

Transportation Services & Elder Abuse/Neglect

Partnership Floyd County 706- 295-7124

Tallatoona provides transportation to Floyd County residents age 55 or older, who live outside the city limits of Rome. Vans operate on routes in alternating areas of Floyd County. Riders are picked up in the morning, and are returned home in the afternoon after completing the route with other riders. To use this transportation, the person must be already enrolled and must ride the van on a regular basis (a minimum of twice monthly). Vans are not available for one—time medical trips. No cost for services. Van is equipped with wheelchair lift.

Southeast Trans - North Region

866-388-9844

Medicaid Non-Emergency Transportation Persons with Medicaid, who are eligible for non-emergency medical transportation, should call Southeast Trans to schedule rides to medical appointments.

<u>Disabled Persons</u> <u>Parking Permits</u>

Floyd County Tag Office

706-291-5150

Elder Abuse/Neglect

Elder abuse and neglect can include physical abuse, substance abuse, psychological abuse, financial/material exploitation, violation of rights, self-neglect and neglect by a caregiver. Reporting suspected incidents of such mistreatment is crucial. In the event of a life-threatening situation, contact 911. Georgia law requires that anyone who believes an elderly or disabled person is being abused, neglected or exploited, report the circumstances. By law, reports remain confidential.

Contact the following to report suspected abuse or neglect in the following situations:

Any Setting

If there is immediate, serious risk from abuse or neglect, call the police:911

Home and Community Setting

Adult Protective Services - Georgia Department of Human Services

888.774.0152

Report abuse or neglect in the home or community.

Long-Term Care Facilities or Residences

To report abuse or neglect in nursing facilities, personal care homes and assisted living facilities, or group homes, contact:

Georgia DCH Healthcare Facility Regulation (HFR)

800.878.6442

Northwest Georgia Long-Term Care Ombudsman Program

866.565.8213

Sexual Abuse

Hospitality House and Crisis Line

706.235.4673

Sexual Assault Center of Northwest GA

866.655.8625, sacnwga.org

Georgia Division of Aging Services

404.657.5288

This information and referral line is your resource to obtain a free copy of Georgia's

Elder Abuse/Neglect & End of Life Planning

Advance Directive for Health Care.

Five Wishes – Aging with Dignity 888.594.7437

Provides a legal document to help adults express how they want to be cared for in case they become seriously ill and can't speak for themselves. Five Wishes is written in everyday language and covers medical, legal, personal, spiritual and family matters. Cost is \$5 per copy.

End of Life Planning

Funeral Planning
Daniels Funeral Home &
Cremation Services
706.232.3646

F. K. Jones Funeral Home 706.802.0265

Salmon's Funeral Home 706.291.9472

Good Shepherd Funeral Home 706.234.9622

Henderson and Sons Funeral Home 706.234.5302

John House's Cave Spring Chapel Funeral Home 706.777.3318

Heritage Chapel 706.295.2412

Oaknoll Chapel 706.291.0073

Wright Memorial Mortuary 706.235.0642



Web-based Information Resource Sites

There are many informative web sites available to seniors. The following sites are sponsored by government programs and provide links to other organizations, associations and resources.

Administration on Aging aoa.gov

Area Agency on Aging of Northwest Georgia nwgrc.org

Elder Care Locator eldercare.gov

GA Dept of Human Services

compass.ga.gov Access to services

Senior Inforum May 8, 2024

Thank you to our two biggest sponsors, United Healthcare and Northwest Georgia Area Agency on Aging, for making the Senior Inforum and Senior Directory possible. We also want to say thank you to each and every vendor that came out. We look forward to seeing everyone at the 2025 Senior Inforum. The 2025 date will be announced soon.





Contact Sam Burrell at 706-506-9829, TTY 771 for

more information on United Healthcare.



















Web-based Information

Live Well Age Well

livewellagewell.info Healthy living for seniors web site

Georgia Services for Seniors

georgiaservicesforseniors.org

Grandparents Raising Grandchildren resources

usa.gov/Topics/Grandparents.shtml

National Council on Aging

benefitscheckup.org

Access federal, state, local and private programs

National Institute on Aging, National Institute on Health

nia.nih.gov

Senior Web portal site, sponsored by First.gov

usa.gov/topics/seniors.shtml

Social Security Administration

ssa.gov

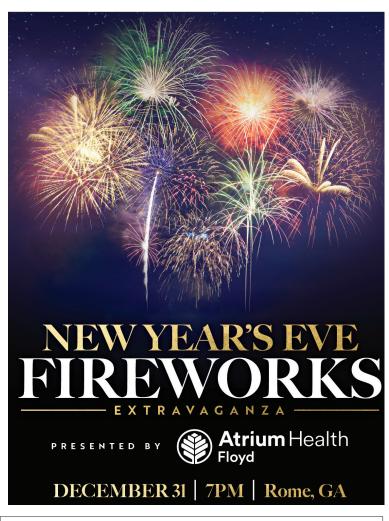
U.S. Government's official web portal

nusa.gov

U.S. National Library of Medicine

nlm.nih.gov







Robert E. Rudert, CPA, CSA

504 Riverside Parkway, NE PO Box 1771, Rome, GA 30162-1771

Telephone: 706.378.8492 Cell: 706.506.6825 Fax: 706.234.0494

Email: rudertsensvcs@bellsouth.net

RUDERT SENIOR ADVISORY & CONSULTING SERVICES, LLC

Colleen Moser, MHA Chief Admin & Financial Officer GA/SC Administrator Cell: 561.234.5227

Office: 470.377.2193

Direct Fax: 855.913.1315

Email: cmoser@transitionshc.com PO Box 898 Cassville, GA 30123

www.transitionshc.com







Rome-Floyd Parks & Recreation Active Adult Activities Calendar

Mondays

<u>Wednesdays</u>

9 am - 5 pm | Pool Room Open - Parker Center 9:30 am - 10:30 am | Sittercise - Parker Center, Activity Room

9:30 am – 10:30 am | Silver Sneakers - Parker Center, Banguet Room

11 am – 1 pm | Gospel Singing - Parker Center, Banquet Room

10 am – 2 pm | Senior Activities - Gilbreath Center (games, bingo and more)

10 am – 2 pm | Pickleball - Gilbreath Center *\$5 to play
12 pm – 4 pm | Bridge Club - Parker Center, Activity Room
2 pm – 4 pm | Line Dancing Practice - Parker Center,
Banquet Room

<u>Tuesdays</u>

9 am - Noon | Pickleball & Fitness - Thornton Center 9:30 am - 10:30 am | Sittercise - Parker Center, Activity Room

9:30 am – 10:30 am | Silver Sneakers - Parker Center, Banquet Room *\$2 per class for non-members 11am - 1 pm |Art Class - Parker Center , Activity Room * \$4

11 am – 2 pm | Cards and Dominos - Parker Center, Activity

2 pm – 4 pm | Line Dancing Lessons - Parker Center, Banquet Room

9:30 am – 10:30 am | Sittercise - Parker Center, Activity Room

9:30 am – 10:30 am | Silver Sneakers - Parker Center, Banquet Room *\$2 per class for non-members

10 am – Noon | Georgia Mountain Music - Parker Center, Banquet Room

11 am – 1 pm | Senior Activities - Fielder Center (exercise, bingo, pot luck lunch)

1 pm – 2 pm | Bingo - Parker Center, Banquet Room 2:30 pm – 4:30 pm | Line Dancing - Parker Center, Banquet Room

Thursdays

9 am - Noon | Pickleball & Fitness - Thornton Center 9:30 am - 10:30 am | Sittercise - Parker Center, Activity Room

9:30 am – 10:30 am | Silver Sneakers - Parker Center, Banquet Room *\$2 per class for non-members 2:00 -4:00 | Line Dancing - Parker Center, Banquet Room

Fridays

9 am – 10 am | Sittercise - Parker Center, Activity Room 9:30 am – Noon | Pickleball and Cards - Gilbreath Center *\$1 to play

10 am – Noon | Line Dancing - Parker Center, Banquet Room *\$2 per class

1 pm - 3 p.m. | Line Dancing - Parker Center, Banquet Room *\$2 per class

1 pm – 4 pm | Bridge Club - Parker Center , Activity Room



United Healthcare



Home Care that Puts You First

If you or someone you love needs a little extra support to live safely and independently at home, Interim HealthCare® can help. As the nation's first home care provider, we've been a source of strength and stability to others for more than 50 years. From a few hours a week to full-time care, our compassionate caregivers can assist with bathing, dressing, meals, transportation and more.

Discover a home care provider that puts you first.



706-622-5602 | interimhealthcare.com/romega

First in Compassion. First in Comprehensive Care. First in Home Care.

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Be sure to visit RFPRA.com for updated information about all of our events and activities.

nrthwest GEORGIA

AREA AGENCY ON AGING

Information & Referral



Home & Community Based Services

Dementia Resources

Supporting Older Adults as They Age in Place

Caregiver Resources

Aging & Disability Resource Connection (800)-759-2963

www.nwgrc.org





Dependable, Compassionate Elderly Care Services

In-home care services can help people at any point within the aging process. We'll work with you to develop a personalized care plan tailored to help fit your family's needs. Our expert care provides all the support people need to live well wherever they call home for years to come.

- Personal Care
- Alzheimer's Care
- Hospice Support
- Chronic Illness Care
- Home Helper
- Transportation
- Companionship

Contact Us - (706) 290-1367

When you need in-home care services, look to Home Instead® to deliver the excellence and compassion you deserve. Learn more about the experienced in home care we deliver.

